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THE NATIONAL COLLEGE BASAVANAGUDI, BENGALURU- 04 Website: www.ncbgudi.com

AUTONOMOUS

# **Department of Sports**

# Year 2020-2021

#### 1. International Yoga Day Celebration:

International Yoga Day was celebrated online by the Department of Physical Education on 21st June 2020. The program was Inaugurated by Dr. A. H. Rama Rao, President, NES of Karnataka. Yogasanas were Demonstrated by Sri. Nandish Guruuji of World of Yoga. A large number of teachers from our college participated in online Yoga Day Program organised by the Department of Collegiate Education.

#### 2. Inauguration of Youth red cross unit

On February 8, 2021 the youth red cross unit was inaugurated.

#### 3. International Yoga Day Celebration:

International Yoga day was celebrated online by the Department of Physical Education on 21<sup>st</sup>June 2021. Sri Rajvi D Jain of SVYASA University demonstrated yoga Asanas. The program was organized in association with four colleges comes under BCU and BU. A large number of students and teachers from our college participated in the online Yoga Day Program.

#### 4. Certificate Course on Fitness

A certificate course on fitness was organized by the Department of physical education for one month from June 7, 2021 to July 6, 2021.

The Physical Education Director, Prof. Hari Kumar K.C. is proud to present the sports achievements of the year of the year 2021-22.

1. M D Tejas, 5th Sem BCA, is selected for Bangalore City University Men's Lawn Tennis Team and has participated in the South Zone Inter-university Lawn Tennis Men's Tournament - 2021-22 held at SRM University Chennai.

2. Karthik S, III semester B.Com. 'A' selected for Bangalore City Uni Handball Men's Team.

3. Divyashree, I semester BCA. 'A' sec, is selected for Bangalore City University Women's Football Team.

4. Jeevan Babu, I semester, BCA 'B' sec, has participated in the "Intercollegiate Annual Athletic Meet" organized by Bangalore City University and has won bronze medal in the event triple jump.

5. Vivekananda MR, III semester B.Com. 'B' sec, has participated in the Intercollegiate Boxing Competition underweight category 55kg organized by Bangalore City University and has secured the Gold Medal and he has also been selected for the All-India Inter-University Boxing Competition.

Our college students have represented our college team in all the events and games organized by Bangalore City University.

# <u>Year 2019</u>

## **BRIDGE COURSE**

Starting of the academic year on June 26th 2019 Department of Physical Education given brief (Bridge Course) introduction regarding available sports facilities and advantage of sports for the future. And what are the games like (volleyball, Basketball, Hockey, Handball, Throwball, Kho-Kho, Kabaddi, Athletics & Shuttle Badminton. It was a very good response from all stream fresh students. At the end of the session, recreation games have organized both girls and boys separately. All they were actively participated and enjoyed.



# **INTRAMURAL GAMES**

It is known as the sports events or competition arranged within the institution. Intramural Games are also known as inter-section games or competition. For the academic year 2019-20, we have organized ten more intramural games to our UG & PG students. The intramural games were started in August 2019.

#### THROWBALL:

On 22nd August 2019 intersection throw ball was organized women team's more than ten teams took part in the event the final match was inaugurated by Prof. Satish, Prof. Jagadeesh and Prof. Kiran Department of Computer Science. In this event winner is II BCom and Runner-up was III BCA. Captain of the team BCA team leads by THANUJA & II BCom Team lead by NAYANA.



#### SHUTTLE BADMINTON (MEN AND WOMEN)

On August 23<sup>rd</sup> Inter-Section Badminton competition was organized more the 65 teams from men section and 55 teams from women section. In this competition match format was both single and doubles. This format is called a team event. In the women section, the final match was inaugurated by Dr Ravikumar Baagi & Dr Shivanna HOD Department of Kannada. Winners of the match were IIBcom lead by Nayana & team, Runner- up Leading by Geethanjili & Akshatha team of IIBCA.

**In men section** final match was inaugurated by our beloved president Dr A.H. Rama Rao & Dr Panibushan Sharma. The final match won by Karthik, Harshith & Arun of II BCA & runner's Tejas & Pavan of IBCA.

Officiating: The entire events officiated by our senior players named by Prasad, Nadeem Ahamad,

#### Bogappa, Mahindra Reddy & Sanjay.





#### **INTER SECTION KABADI**

On 26<sup>th</sup> August 2019 Inter- Section Kabaddi was conducted for men team, more than 12 teams took part in the event. The final match was inaugurated by Sri Selva Handball coach. The winners were III Bsc CBZ & runner up was III B.com.

#### **INTER SECTION KHO-KHO**

On 26<sup>th</sup> August 2019 Inter- Section Kho-Kho was conducted for men team, more than 12 teams took part in the event. The winners were III Bsc CBZ & runners-up was III BCom.

#### INTER SECTION VOLLEYBALL

On 27<sup>th</sup> August 2019, Inter-Section Volleyball matches organized for men section 16 teams took part and at the end of the event final match won by III BSc and runner-up III B.com

**Officiating:** Official for this match D.C Krishnamurthy Assistant DPE and Govindaraja Senior Sportsmen.



#### SEPARATE SPORTS ACTIVITIES FOR PG STUDENTS

Every year department of physical education used to organize one-week orientation course in badminton for all PG students. And at the end of the course tournament would be organized in the name of MASTER CUP for all the stream.

#### **ANNUAL ATHLETIC MEET 2020**

On January 14<sup>th</sup> Annual Athletic meet were organized. And this annual athletic meet was inaugurated by Nishchith V D Finance Officer Bengaluru Central University, Presided by Dr A.H. Rama Rao, chief guest of the event Prof. S.N. Nagaraja Reddy Hob' le Secretary NES, Principal and all the staff members were a presence. More than 600 participants from all the stream were actively taken part in the event. Kreeda Joythi was carried by International Athlete and all the team captains were involved. March past and introduction of players and teacher by the chief guest. Champion in men section Praveen of final Bcom and women section Kavya Shree of IIBsc & Nayana of II Bcom shared the championship. At the end of the day, Prof. C.R. Prakash done a vote of thanks to all the staff members who are dedicated for the success of the event and MC done by Prof. Srinivas Murthy department of Kannada.









EXTRAMURAL (Inter-Collegiate Tournaments)

The extramural means the sports activities/competition would involve outside the institution. Our college teams took part in the Bangalore and Bengaluru Central university inter-collegiate tournaments in more than ten games and secured medals and trophies.

#### SHUTTLE BADMINTON

Our college men badminton team took part in Bengaluru Central University inter-collegiate tournament held at Sindhi College Bangalore. In this tournament, we are the silver medalist. Our badminton team consist of five members namely Madhu S Bhardwaj II Mcom, Prasad II Mcom, Tejas IBCA, Karthik IIBCA, Harshith IIBCA.

Our women's team played up semifinals.





#### **INETER- COLLEGIATE CRICKET**

Our college cricket team secured a second place in Bangalore inter-collegiate cricket tournament. The team was lead by Mahindra of final BCA.



#### **INETER- COLLEGIATE VOLLEYBALL**

Inter-Collegiate volleyball tournament was organized by SJRC college Bangalore in that tournament our college students got a silver medal.

#### **INETER- COLLEGIATE BEST PHYSIQUE COMPETITION**

Inter-Collegiate **Best Physique Competition** was organized by Seshadripurm Main College Bangalore in that competition our college student **Hemanth Kumar** of II BA got a gold medal and best muscular award. He represented Bengaluru Central University for the year 2019-20.



#### **INTER- COLLEGIATE VOLLEYBALL TOURNAMENT**

Inter- Collegiate Volleyball tournament was conducted by SJRC College Bangalore on 14 Feb 2020. In this tournament our college team secured runner up.



#### **REPRESENTATION OF THE PHYSICAL EDUCATION DIRECTOR**

Prof. C. R. Prakash PED National College Basavanagudi.

- He has selected has a selection committee member for Bangalore & Bengaluru Central University sports and games for 2019-20.
- He has selected has a member for sports board policy for Bengaluru Central University.
- He has selected has a team manager for Bengaluru Central University Hockey team.
- In his guidance, BCU hockey team secured the silver medal in All India at Gwalior.
- The same team were selected for Khelo-India & the tournament was held at Bhubaneswar Odisha, there the team got the gold medal and created history because it was the first KHELO-INDIA tournament organized by Govt. of India.

#### AWARDS

- Prof. C.R. Prakash facilitated by Dr Aswathnarayan minister of higher education govt. of Karnataka, because of Khelo-India Winners.
- Honoured by Hon'ble Vice-Chancellor Prof. S Jappet, BCU.
- Bengaluru Central University given 25000/- cash award to winners of khelo-india.
- The Karnataka Hockey Association facilitated to Prof. Prakash because of Khelo-India winners in Hockey for 2019-20.







#### **ACHIEVEMENTS**

SL  NAME  CLASS  DATE  EVENT  REPRESENTED    NO	
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01	Praveen Kumar	III BCom	21 Dec2019	Handball	Represented Bangalore University
02	Nagendra	I Ba	21 Dec2019	Handball	Represented Bangalore Central University
03	Dheeraj TR	II BCom	21 Dec2019	Handball	Represented Bangalore Central University
04	Nagendra G	I BA	21 Dec2019	Athletic	Secured Gold Medal in Indo-Nepal International Athletic Chamipionship-2019 Held At Nepal.
05	Hemanth Kumar	IIBA	1 <sup>st</sup> Oct.2019	Bodybuilding	Secured Gold Medal in Bengaluru Central Univ. I/C Competition Held at Seshadripurm Main College. And Participating All India Inter University Competition Will Be Held on Jan 2020
06	Shirisha Hs	IIIBsc	12 <sup>th</sup> Nov. 2019	Handball	Represented Bangalore University and Player South Zone Inter University at Calicut
07	Prasad Kumar	IIMcom	16Dec2019	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition. And Participating In South Zone Competition.
08	Madhu M Bharadwaj	IIMcom	16Dec2019	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition. And Participating In South Zone Competition.
09	Tejas	IBCA	16Dec2019	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition. And Participating In South Zone Competition.
10	Karthik Gowda M	IBCA	16dec2019	Badminton	Secured Silver Medal in Bengaluru Central Univ. I/C Competition. And Participating in South Zone Competition.
11	Rakesh B	IBCA	16dec2019	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition.
12	Kavyashree R	IIBsc	30 Oct 2019	Athletics Long Jump	Secured Silver Medal in Bengaluru Central Univ. I/C Competition
13	Henmanth Kumar	IIBA	30 Oct 2019	Athletics Javalin Throw	Secured Silver Medal in Bengaluru Central Univ. I/C Competition
14	Rakesh Kumar. P	IIIBCA	2020	Ball badminton	Selected to Bangalore University and Participating All India Inter University Competition Will Be Held on Jan 1 To 2020
15	Mohan Kumar R	II BCom		Karate	
16	Amaranatha	I BA	10Mar2020	Taekwondo	Represented Bengaluru Central University and participated in All India Inter-University Taekwondo Championship.

Γ	17	Gajendra M	I BA	10Mar2020	Taekwondo	Represented Bengaluru Central
						University and participated in All India Inter-University Taekwondo
						Championship.

# The following students are medal winners in various Inter-Collegiate tournaments and represented Bengaluru Central / Bangalore University/ All India.

S1.N0	Name of The Events	Date	Organized By	Results
01	Shuttle Badminton (Men/Women)	23-09-2019	Sindi College	Winners
02	Chess	26 <sup>th</sup> & 27 <sup>th</sup> Sept.2019	Seshadripurm Main	Participated
03	Basketball (Men)	21 <sup>st</sup> & 22 <sup>nd</sup> Oct 2019	Vijaya College	Participated
06	Tennis	09sept -2019	National College Basavanagudi	Participated
07	Volley Ball	21 <sup>st</sup> To 23 <sup>rd</sup> Sept 2019	Aps Commerce College B'lore	Quarterfinal
08	Fencing	25-10-2019	Seshadripurm Fgc Yelahanka	Gold Medal
09	Athletics	3 <sup>rd</sup> & 4 <sup>th</sup> Nov. 2019	Dyss Ground Vidyanagar Cross	Gold & Silver Medal
10	Ball badminton	4 <sup>th</sup> & 5 <sup>th</sup> Sept 2019	Gcw Ramanagara	Participated

#### Name of the Sports & Games Activities Organized Within the Institution

NAME OF THE SPORTS ACTIVITIES							
	INTERSECTION OUTDOOR COMPETITION						
SL.NO	NAME OF THE EVENTS	PARTICIPANTS					
1.	Cricket Selection Trails For	Boys/Girls					
2.	Volley Ball	Boys					
3.	Football	Boys					
4.	Basketball	Boys/Girls					
5.	Hand Ball	Boys/Girls					
6.	Kho-Kho	Boys/Girls					
7.	Throwball	Boys					
	INTERSECTION INDOOR CO	MPETITION					
1	Table Tennis	Boys/Girls					
2	Chess	Boys/Girls					
3	Shuttle Badminton	Boys/Girls					
4	Tenni Koit	Boys & Girls					
Annual Ath	letic Meet Organized for All Men a	and Women					

100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long<br/>Jump, High Jump, 4x100mts Relay, Tug of War.Shuttle Badminton OrientationOne Week Shuttle Badminton Orientation Programme For All PG Students<br/>Conducted On 14<sup>th</sup> Jan2020.Inter-Collegiate Tournament<br/>Bangalore University Inter-Collegiate Tournament Was Organized.

# **YEAR 2018**

## SHUTTLE BADMINTON

Shuttle Badminton inter-section matches was inaugurated by Dr. Ravikumar baagi Prof. Srinivas murthy, Department of kannada.



Inter- Section Badminton Matches was inaugurated by Dr. A H Rama Rao, President National Education Society of Karnataka.



#### THROWBALL MATCH

Dr. H R Krishna Murthy was Inagurated the inte- section Throwball matches. The final match between II Bcom and II BCA.



## **VOLLEYBALL MATCH**

Inter –Section Volleyball Match the students are enjoying during the match.



**BASKET BALL MATCH** 

Inter-Section Basketball Match was Inagurated by Dr. Ravikumar HOD Department of Commerce and Prof. B N Venugopal Department of Economics



## YOGA AND FITNESS CLASSES FOR UG STUDENTS



## SUMMER CAMP





## ACHIEVEEMENTS

SL NO	NAME	CLASS	DATE/ YEAR	EVENT	REPRESENTED
01	Srinath N	IIBSc	2018	Handball	Represented National Level Competition.
02	Ranjan R	I BCA	25-10-2018	Fencing (Epee)	Secured Gold Medal In Bangalore Univ. I/C Competition. And Participated In All India Competition.
03	Giresh Kumara H S	III Bsc	2018	Handball	Represented Bangalore University
04	Shirisha H S	II Bsc	2018	Handball	Represented Bangalore University
04	Priyanka	IIIBcom	2018	Handball	Represented Bangalore University
05	Prasad Kumar	IMcom	2018	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition. And Participating In South Zone Competition.
06	Madhu M Bharadwaj	IMcom	2018	Badminton	Secured Silver Medal In Bengaluru Central Univ. I/C Competition.and Participating In South Zone Competition.

# Various Event Organized and Represented Bangalore University & Bengaluru Central University Inter Colligate Tournaments

SI.N0	Name of The Events	Date	Organized By	Results
01	Shuttle Badminton (Men/Women)	2018	National College Basavanagudi	Winners
02	Chess	26 <sup>th</sup> & 27 <sup>th</sup> Sept.2019	Seshadripurm Main	Participated
03	Basketball (Men)	21 <sup>st</sup> & 22 <sup>nd</sup> Oct 2019	Vijaya College	Participated
06	Tennis	09sept -2019	National College Basavanagudi	Participated
07	Volley Ball	21 <sup>st</sup> To 23 <sup>rd</sup> Sept 2019	Aps Commerce College B'lore	Quarterfinal
08	Fencing	25-10-2019	Seshadripurm Fgc Yelahanka	Gold Medal
09	Athletics	3 <sup>rd</sup> & 4 <sup>th</sup> Nov. 2019	Dyss Ground Vidhyanagar Cross	Gold & Silver Medal
10	Ball badminton	4 <sup>th</sup> & 5 <sup>th</sup> Sept 2019	Gcw Ramanagara	Participated

## Name of the Sports & Games Activities Organized Within the Institution

	NAME OF THE SPORTS ACTIVITIES					
	INTERSECTION OUTDOOR CO					
SL.NO	NAME OF THE EVENTS	PARTICIPANTS				
1	Cricket Selection Trails For	Boys/Girls				
2	Volley Ball	Boys				
3	Football	Boys				
4	Basketball	Boys/Girls				
5	Hand Ball	Boys/Girls				
6	Kho-Kho	Boys/Girls				
7	Throwball	Boys				
	INTERSECTION INDOOR COMPETITION					
1	Table Tennis	Boys/Girls				
2	Chess	Boys/Girls				
3	Shuttle Badminton	Boys/Girls				
4	Tenni Koit	Boys & Girls				
<b>Annual Athle</b>	tic Meet Organized For All Men A	And Women				
100mts, 200n	nts, 400mts, 800mts, 1500mts, Sh	ot Put, Discus Throw Long				
Jump, High Jump, 4x100mts Relay, Tug of War.						
Shuttle Badminton Orientation						
One Week Shuttle Badminton Orientation Programme For All PG Students Conducted On 14 <sup>th</sup> Jan2019.						
Inter-Collegiate Tournament						
Bangalore Uni	versity Inter-Collegiate Tournament	Was Organized.				

# **YEAR 2017**

## INTER COLLEGIATE TOURNMENT

**KHO-KHO:** Inter Collegiate tournament was inaugurated by Dr. K. Nerappa.



# **FOOT BALL TOURNAMENT:** Inter-Section Foot Ball tournament group photo



**TEACHERS CRICKET TOURNAMENT:** Inter- Collegiate teacher's Cricket Tournament



**TAEKWONDA:**Bangalore University Taekwondo Men & Women team Represented All India.





# ACHIEVEMENTS

SL NO	NAME	CLASS	DATE	EVENT	REPRESENTED
01	GIRSH KUMAR H S	II BSC	21OCT 2017	HANDBALL	REPRESENTED BANGALORE UNIVERSITY AND QUALIFIED FOR ALL INDIA
02	PAVAN KUMAR M G	I MCOM	20 <sup>TH</sup> OCT 2017	CHESS	REPRESENTED BANGALORE UNIVERSITY AND PARTICIPATED IN ALL INDIA
03	MANTRA	III BCOM	24 <sup>тн</sup> ОСТ 2017	SWIMMING	SECURED GOLD MEDAL IN BANGALORE UNIV. I/C COMPETITION. REPRESENTED BANGALORE

					UNIVERSITY
					AND
					PARTICIPATED
					IN ALL INDIA
	SANTOSH.	I BA	$21^{\text{ST}} \& 22^{\text{ND}}$	KARATE	SECURED GOLD
04	R		OCT 2017		MEDAL IN
					STATE AND
					NATIONAL
					LEVEL
					COMPETITION.
05	GAGAN N	II BCOM	2018	BODYBULDING	SILVER MEDAL
					IN BANGALORE
					UNIV. I/C
					COMPETITION
06	D C	ASST.	2017-18	ATHLETIC	SECURED
	KRISHNA	SPORTS			BRONZE MEDAL
	MURTHY	DEPT.			IN
					INTERNATIONAL
					ATHLETIC MEET
					HELD AT
					MALASIYA AND
					SELECTED FOR
					WORLD MASTER
					ATHLETIC MEET
					TO BE HELD IN
					USA IN 2018

VARIOUS EVENT ORGANIZED AND REPRESENTED BANGALORE UNIVERSITY INTER COLLIGATE TOURNAMENTS

SL.N0	NAME OF THE EVENTS	DATE	ORGANIZED BY	RESULTS
01	SHUTTLE	28-09-2017	SINDHI COLLEGE	SEMI FINALS
	BADMINTON		BANGALORE	
02	CHESS	28 TO 30	HKES COLLEGE	GOLD MEDAL
		AUG.2017	BANGALORE	
03	BASKETBALL(MEN)	$23^{RD}$ &	NATIONAL	PARTICIPATED
		24 <sup>TH</sup> OCT	COLLEGE	
		2017	BASAVANAGUDI	
04	HANDBALL	5 <sup>TH</sup> & 6 <sup>TH</sup>	BANGALORE	PARTICIPATED
		FEB 2018	UNIVERSITY	
05	CRICKET MEN	15 <sup>TH</sup> JAN	BANGALORE PARTICIPATEI	
		2018	UNIVERSITY	
06	TENNIS	22 & 23 <sup>RD</sup>	BANGALORE	PARTICIPATED
		AUG -2017	UNIVERSITY	
07	VOLLEY BALL	TO BE	BANGALORE	PARTICIPATED
		HELD	UNIVERSITY	
08	FENCING	25-10-2017	SESHADRIPURM	GOLD MEDAL
			FGC YELAHANKA	
09	ATHLETICS	10TO 12	SRI KANTEERVA	PARTICIPATED
		SEPT 2017	STADIUM	

## NAME OF THE SPORTS & GAMES ACTIVITIES ORGANIZED WITHIN THE INSTITUTION

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INTERSECTION OUTDOOR COMPETITIONSL.NONAME OF THE EVENTSPARTICIPANTS1.Cricket Selection Trails ForBoys2.Volley BallBoys3.FootballBoys4.BasketballBoys/Girls5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)Girls9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton OrientationOne Week Shuttle Badminton Orientation Was Organized From 15 <sup>th</sup> To 30 <sup>th</sup> Suttle Badminton Orientation	NAME OF THE SPORTS ACTIVITIES							
1.Cricket Selection Trails ForBoys2.Volley BallBoys3.FootballBoys4.BasketballBoys/Girls5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	INTERSECTION OUTDOOR COMPETITION							
2.Volley BallBoys3.FootballBoys4.BasketballBoys/Girls5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Jump, High Jump, 4x100mts Relay.	SL.NO	NAME OF THE EVENTS	PARTICIPANTS					
3.Footby LuiBoys3.FootballBoys4.BasketballBoys/Girls5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw LongJump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	1.	Cricket Selection Trails For	Boys					
4.BasketballBoys/Girls5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/GirlsAnnual Athletic Meet For All Men And WomenIntersection Intersection100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw LongJump, High Jump, 4x100mts Relay.Shuttle Badminton OrientationFor All Men And Women	2.	Volley Ball	Boys					
5.Hand BallBoys/Girls6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/GirlsAnnual Athletic Meet For All Men And WomenIntersection Intersection100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw LongJump, High Jump, 4x100mts Relay.Shuttle Badminton OrientationIntersection	3.	Football	Boys					
6.Kho-KhoBoys/Girls7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw LongJump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	4.	Basketball	Boys/Girls					
7.ThrowballGirls8.Tenni Koit (Ring)GirlsINTERSECTION INDOOR COMPETITION9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	5.	Hand Ball	Boys/Girls					
8.    Tenni Koit (Ring)    Girls      INTERSECTION INDOOR COMPETITION    Boys/Girls      9.    Table Tennis    Boys/Girls      10.    Chess    Boys/Girls      11.    Shuttle Badminton    Boys/Girls      100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.    Shuttle Badminton Orientation	6.	Kho-Kho	Boys/Girls					
INTERSECTION INDOOR COMPETITION9.Table Tennis10.Chess11.Shuttle BadmintonBoys/Girls11.Shuttle BadmintonBoys/Girls100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	7.	Throwball	Girls					
9.Table TennisBoys/Girls10.ChessBoys/Girls11.Shuttle BadmintonBoys/GirlsAnnual Athletic Meet For All Men And Women100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	8.	Tenni Koit (Ring)	Girls					
10.ChessBoys/Girls11.Shuttle BadmintonBoys/GirlsAnnual Athletic Meet For All Men And Women100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation		INTERSECTION INDOOR COM	MPETITION					
11.Shuttle BadmintonBoys/GirlsAnnual Athletic Meet For All Men And Women100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.Shuttle Badminton Orientation	9.	Table Tennis	Boys/Girls					
Annual Athletic Meet For All Men And Women      100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long      Jump, High Jump, 4x100mts Relay.      Shuttle Badminton Orientation	10.	Chess	Boys/Girls					
100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay. Shuttle Badminton Orientation	11.	11.Shuttle BadmintonBoys/Girls						
Jump, High Jump, 4x100mts Relay. Shuttle Badminton Orientation	Annual Athletic Meet For All Men And Women							
Shuttle Badminton Orientation								
			Organized From 15 <sup>th</sup> To 30 <sup>th</sup>					

#### Jan 2018 Inter-Collegiate Tournament Bangalore University Inter-Collegiate Tournament Was Organized.

# **YEAR 2016**

#### ACHIEVEMENTS

SL NO	NAME	CLASS	DATE	EVENT	REPRESENTED
01	Girsh Kumar H S	I BSc	16-12-17	Handball	Represented Bangalore University and Participated in South Zone All India
02	Aishwarya	III BCom	27-01-17	Taekwondo	Silver Medal in Bangalore University I/C Tournament
03	Harshitha H L	I BCom	27-01-17	Taekwondo	Silver Medal in Bangalore University I/C Tournament
04	Jeetha Shree	I BCom	27-01-17	Taekwondo	Bronze Medal in Bangalore University I/C Tournament
06	D C Krishna Murthy	Asst. Sports Dept.	Jan 2017	Athletic	Secured Silver Medal In 5000mts & 10000mts Race in State Level Master Athletic Meet Held at Hyderabad.

#### VARIOUS EVENT ORGANIZED AND REPRESENTED BANGALORE UNIVERSITY INTER COLLIGATE TOURNAMENTS

SL.N0	NAME OF THE EVENTS	DATE	ORGANIZED BY	RESULTS
01	Dasappa Memorial Table Tennis (Men and Women)	23 <sup>rd</sup> &24 <sup>th</sup> August 2016	National College Basavanagudi	Runners
02	Shuttle Badminton	23 <sup>rd</sup> &24 <sup>th</sup> August 2016	National College Basavanagudi	Runners
03	Athletic Meet	06-10-2016 To 8-10-2016	Bangalore University SriKanteerva Stadium	Participated
04	Handball	07-02-2017	Bel College Jalahalli	Participated
05	Cricket Men	04-10-2016	Central College	Participated
06	Tennis	23.08-2016	National College Basavanagudi	Participated
07	Volley Ball	13-02-2017	St. Josephs College of Commerce	Participated
08	Shuttle Badminton	01-09-2016	Bgs Institute of Management	Participated

## NAME OF THE SPORTS & GAMES ACTIVITIES ORGANIZED WITHIN THE INSTITUTION

#### NAME OF THE SPORTS ACTIVITIES

SL.NO	INTERSECTION OUTDOOR ( NAME OF THE EVENTS	PARTICIPANTS
1	Cricket Selection Trails For	Boys
2	Volley Ball	Boys
3	Football	Boys
4	Basketball	Boys/Girls
5	Hand Ball	Boys/Girls
6	Kho-Kho	Boys/Girls
7	Throwball	Girls
8	Tenni Koit (Ring)	Girls
	INTERSECTION INDOOR CO	OMPETITION
1	Table Tennis	Boys/Girls
2	Chess	Boys/Girls
3	Shuttle Badminton	Boys/Girls
nnual At	hletic Meet For All Men And Wo	men

100mts, 200mts, 400mts, 800mts, 1500mts, Shot Put, Discus Throw Long Jump, High Jump, 4x100mts Relay.

#### Shuttle Badminton Orientation

One Week Shuttle Badminton Orientation Was Organized From 15<sup>th</sup> To 30<sup>th</sup> Jan 2017

## Inter-Collegiate Tournament

Bangalore University Inter-Collegiate Tournament Was Organized.



**YEAR 2015** 

ACHIVEMENTS

SL NO	NAME	CLASS	DATE	EVENT	REPRESENTED
01	Shivashankar M	I MA	-	Badminton	Represented Bangalore University and Qualified for All India
02	Anjan S	I Bom		Chess	Silver Medal in Bangalore University I/C Tournament & Represented Bangalore University
03	Rakesh	II BA		Taekwondo	Silver Medal in Bangalore University I/C Tournament
04	Reethu Gowda	II BCom		Hockey	Represented Hockey In State level
06	D C Krishna Murthy	Asst. Sports Dept.	-	Athletic	Secured Silver Medal In 5000mts in National competition.

## VARIOUS EVENT ORGANIZED AND REPRESENTED BANGALORE UNIVERSITY INTER COLLIGATE TOURNAMENTS

SL.N0	NAME OF THE EVENTS	DATE	ORGANIZED BY	RESULTS
01	Shuttle Badminton	2015	National College Basavanagudi	Runners
02	Basket Ball Men	2015	National College Basavanagudi	Participated
03	Athletic Meet	2015	Bangalore University Sri Kanteerva Stadium	Participated
04	Handball	2015	Central College	Participated
05	Cricket Men	2015	Central College	Participated
06	Tennis	2016	National College Basavanagudi	Participated
07	Volley Ball	2016	National College Bagepalli	Participated

NAME OF THE SPORTS	& GAMES ACTIVI	TIES ORGANIZED	WITHIN THE	INSTITUTION

	NAME OF THE SPORTS AC	TIVITIES				
INTERSECTION OUTDOOR COMPETITION						
SL.NO	NAME OF THE EVENTS	PARTICIPANTS				
8.	Cricket Selection Trails For	Boys				
9.	Volley Ball	Boys				
10.	Football	Boys				
11.	Basketball	Boys/Girls				
12.	Hand Ball	Boys/Girls				
13.	Kho-Kho	Boys/Girls				
14.	Throwball	Girls				
15.	Tenni Koit (Ring)	Girls				
	INTERSECTION INDOOR COM	MPETITION				
16.	Table Tennis	Boys/Girls				
17.	Chess	Boys/Girls				
18.Shuttle BadmintonBoys/Girls		Boys/Girls				
Annual Athl	etic Meet For All Men And Women					
100mts, 200r	nts, 400mts, 800mts, 1500mts, Shot I	Put, Discus Throw Long Jump,				
	x100mts Relay.					
	minton Orientation					
One Week S	huttle Badminton Orientation Was Or	rganized From 15th To 30th Jan				
2016						
<b>Inter-Colleg</b>	iate Tournament					
	niversity Inter-Collegiate Tournament	Was Organized.				

## ANNUAL ATHLETIC MEET

Annual Athletic meet was held at our college in the month of January 2016. For the inauguration, our college alumni Sri. SRINATH senior Cricket Player he represented Bangalore and Madras University. And now he was a refree for state and National Cricket matches in Karnataka.



#### **INTERSECTION FOOT BALL COMPETITION**

Inter Section Foot Ball competition were organized 6 teams were took part and finally Final BSc students were got first place. For this event our senior sports men and alumunai Sri PRATHAP International Taekwondo Player and film actor. We proud to say Sri. PRATHAP is our alumunai.



## COACHING TO BASKET BALL TO OUR COLLEGE TEAM



# Coaching of throwing technic in shotput to our college student.



## Our college students from different stream using our sports facilities and playing



Our College Athletic Team took part in the 51<sup>st</sup> Bangalore University Inter-Collegiate Annual Athletic Meet-2015-16 held at Sri Kanteerava Stadium



**Shivakumar M:** He was a student in our college from 2013 to 2015, he had represented All India university and got the bronze medal in south zone University games.

**Shivakumar M** appointed as a chief coach in many academies in Bengaluru. Based on the University and All India certificate he did six-week coaching course in SAI. In Badminton. At present, he is holding his own academy. That is SBA (Shivashankar Badminton Academy.

Shivakumar M was the chief guest for Inter-section Badminton Tournament.



