

**ADD ON COURSE 2023-24
EMPOWERMENT OF WOMEN**

Duration: 30 Hours

Course code: IC-WE

Course Description:

This course explores the concept of women's empowerment, focusing on the various dimensions that contribute to the social, economic, political, and cultural enhancement of women's lives. The course examines the historical context of women's empowerment, the challenges faced by women globally, and the strategies that have been developed to address these challenges. Students will engage with topics such as gender equality, economic participation, education, legal rights, and political representation, with an emphasis on the role of policies, movements, and global initiatives in empowering women.

Course Outcomes:

By the end of this course, students will be able to:

1. Understand and articulate the concept of women's empowerment and its significance in contemporary society.
2. Analyse the historical and cultural contexts that have influenced the status of women globally.
3. Identify and evaluate the various barriers to women's empowerment, including economic, social, and political challenges.
4. Assess the effectiveness of global and local initiatives aimed at promoting gender equality and empowering women.
5. Develop strategies and action plans for promoting women's empowerment in various sectors.

06 Hours

Module 1: Introduction to Women's Empowerment

Definition and Concept of Empowerment: Understanding empowerment and its dimensions, Gender equality and women's rights. Historical Context: The evolution of women's roles in society: Key movements and milestones in women's empowerment, Global and Regional Perspectives.

Comparing women's empowerment across different regions, Case studies of successful empowerment initiatives.

06 Hours

Module 2: Economic Empowerment of Women

Women in the Workforce: Employment trends and gender gaps, Policies for equal pay and workplace equality, Entrepreneurship and Financial Inclusion

Women's access to capital and entrepreneurship opportunities: The role of microfinance and financial literacy in women's empowerment, Challenges and Opportunities

Barriers to economic empowerment: Role of education and skills development

08 Hours

Module 3: Social and Cultural Dimensions of Empowerment

Education and Empowerment: Importance of education for women's empowerment, Global initiatives to promote girls' education

Health and Well-being.

Women's health rights and access to healthcare: The impact of reproductive rights on empowerment, Cultural Barriers and Social Norms Addressing gender stereotypes and



societal expectations: Role of media and popular culture in shaping perceptions of women

08 Hours

Module 4: Political Empowerment and Legal Rights

Political Participation: Women in leadership and decision-making roles, Strategies to increase women's political representation, Legal Rights and Advocacy

Understanding women's legal rights and protections: Role of international organizations and NGOs in advocating for women's rights, Global Initiatives and Policies

UN initiatives and international agreements: Evaluation of policy effectiveness and recommendations for future action

References:

1. "Half the Sky: Turning Oppression into Opportunity for Women Worldwide"
Authors: Nicholas D. Kristof and Sheryl WuDunn, *Publisher:* Vintage Books, 2010
2. "Women, Culture, and Development: A Study of Human Capabilities", *Editors:* Martha C. Nussbaum and Jonathan Glover, *Publisher:* Oxford University Press, 1995
3. "The Oxford Handbook of Transnational Feminist Movements", *Editors:* Rawwida Baksh and Wendy Harcourt, *Publisher:* Oxford University Press, 2015

